



Spinach Salad with Chilean Clementine, Blueberries, Avocado and Orange Vinaigrette

INGREDIENTS

SALAD

4 medium Clementine, peeled, sliced
4 oz blueberries
1 ea avocado, sliced
4 oz baby spinach

DRESSING

1/2 cup Orange juice
1 tsp. fresh Italian Parsley, chopped
1 tsp. Dijon mustard
3 Tbsp. olive oil
1/2 tsp. salt
1/4 tsp. black pepper



INSTRUCTIONS

In small bowl, combine orange juice, parsley, Dijon, salt and pepper, whisk while slowly adding olive oil. Set aside.

On four medium plates, divide spinach, the sliced Clementine, and sliced avocado and place in lines across the plate. Sprinkle blueberries over the spinach. Slowly drizzle dressing over the salad. Add salt and pepper if needed.

SERVES 4

Recipe from the Chilean Fresh Fruit Association



www.ChileanFruitOnline.com